



Keck Medical Center of USC

Saturday, October 12, 2024
HSC Conference Center on the
USC Health Sciences Campus
in Los Angeles
Live Conference

Rheumatology Update
for the Clinician

Course Director:
Daniel G. Arkfeld, MD

Keck School of Medicine of **USC**

Presented By:
Department of Medicine: Division of Rheumatology
and USC Office of Continuing Medical Education



PROGRAM AGENDA

- 8:00 am **Registration Opens**
Continental Breakfast
- 9:00 am **Welcome and Opening Remarks**
Daniel G. Arkfeld, MD

Session I

Moderator: Leanna Wise, MD, MPH

- 9:05 am **Spondyloarthritis**
Stratos Christianakis, MD
- 9:25 am **Clinical Update in Systemic Lupus Erythematosus**
Francisco P. Quismorio, Jr., MD, MACR
- 9:45 am **Great Debate-Treating Rheumatoid Arthritis**
*Glenn R. Ehresmann, MD and
Samy Metyas MD*
- 10:10 am **Vasculitis Treatment Update**
Katherine Ruddy, MD

- 10:20 am **Break**

Session II

Moderator: Tracy Nguyen-Oghalai, MD

- 10:35 am **Cases From the Rheum/Derm Clinic**
*Ashley Crew, MD and
Stratos Christianakis, MD*
- 11:00 am **Fibromyalgia Pain Management**
Allison Chacon, PharmD
- 11:15 am **Biosimilar Medications in Rheumatology Update**
Janet Cho, PharmD
- 11:30 am **Ehlers Danlos Syndrome/
Hypermobility Spectrum Disorder**
Elizabeth Taylor-Albert, MD
- 11:50 am **Lunch**

Session III

Moderator: Jenny Jun, MD

- 1:00 pm **Music and Rheumatology**
*Camila Lima, Ruy Fulguera,
James S. Louie, MD, MACR and
Daniel G. Arkfeld, MD*
- 1:40 pm **Advances in Treating Scleroderma Lung Disease**
Laura Kobashigawa, MD
- 1:50 pm **Crystals in Joints- What to Do**
Branden Ireifej, MD
- 2:00 pm **Sports Medicine For Primary Care Update**
Yogi Matharu, DPT
- 2:15 pm **Break**

Session IV

Moderator: Glenn R. Ehresmann, MD

- 2:35 pm **Stump the Chump**
*Daniel G. Arkfeld, MD
Binh Ngo, MD
Panel of USC Alumni
Dan La, MD, Andrew Nguyen, DO
Vickram Reehal, MD and
Elizabeth Ortiz, MD*
- 3:00 pm **Dermatomyositis**
Binh Ngo, MD
- 3:15 pm **Patient Advocacy in Rheumatology**
*Catherine Ames
Elizabeth Ortiz, MD*
- 3:30 pm **Question and Answer**
All Faculty
- 3:45 pm **Adjourn**

COURSE DESCRIPTION

Rheumatology Update for the Clinician is designed to provide rheumatologists and primary care physicians with up-to-date information on how to recognize, diagnose, treat and follow common rheumatologic conditions. Distinguished faculty will give didactic lectures on disease-specific topics including: the diagnosis and treatment of RA, PSA, gout, lupus and Osteoporosis. An in-depth exploration of autoimmunity will be presented. The educational format includes case studies and panel discussions, allowing participants the opportunity to attain and integrate new, practical information into their clinical practices to improve patient care and outcomes. Alternative pain modalities will also be debated and discussed.

FACULTY

COURSE DIRECTOR



Daniel G. Arkfeld, MD
Professor of Clinical Medicine
Division of Rheumatology
Department of Medicine
Keck School of Medicine of USC

KECK SCHOOL OF MEDICINE OF USC

Division of Rheumatology, Department of Medicine

Stratos Christianakis, MD
Chief, Rheumatology Division
Associate Professor of Clinical Medicine

Glenn R. Ehresmann, MD
Associate Professor of Clinical Medicine

Jenny Jun, MD
Assistant Professor of Clinical Medicine

Tracy Nguyen-Oghalai, MD
Clinical Assistant Professor of Medicine

Francisco P. Quismorio, Jr., MD, MACR, FACP
Professor of Medicine and Pathology

Elizabeth Taylor-Albert, MD, FACP
Assistant Professor of Clinical Medicine

Branden Ireifej, MD
2nd Year Rheumatology Fellow

Laura Kobashigawa, MD
2nd Year Rheumatology Fellow

Katherine Ruddy, MD
2nd Year Rheumatology Fellow

GUEST FACULTY

Catherine Ames, USC '23, BA
Patient Advocate
Fierce Hope Patient Advocacy & Consulting
San Diego, CA

Camila Lima
Singer
Cordoba, Argentina

Allison Chacon, PharmD, APH
Assistant Professor of Clinical Pharmacy
USC Mann School of Pharmacy
and Pharmaceutical Sciences
Los Angeles, CA

James S. Louie, MD, MACR, FACP
Professor Emeritus
Rheumatology
David Geffen School of Medicine of UCLA
Los Angeles, CA

Janet Cho, PharmD, BCGP
Clinical Staff Pharmacist
Autoimmune Conditions
USC Mann School of Pharmacy
and Pharmaceutical Sciences
Los Angeles, CA

Yogi Matharu, DPT, OCS, MBA
Associate Chair, Clinical Services
Director of Physical Therapy
Keck Hospital of USC and
USC Norris Comprehensive Cancer Center
Division of Biokinesiology and
Physical Therapy
Herman Ostrow School of Dentistry of USC
Los Angeles, CA

Ashley Crew, MD
Associate Professor of Dermatology
Residency Program Director
Department of Dermatology
Keck School of Medicine of USC
Los Angeles, CA

Ruy Fulguera
Pianist and Composer
Buenos Aires, Argentina

Samy Metyas, MD, MSc, FACP, FACR
Medical Director of Covina Arthritis Clinic
President of California Alliance (CRA)
Clinical Associate Professor of
Rheumatology at USC
Covina, CA

Dan La, MD
Physician
Foothill Arthritis Clinic
Tujunga, CA

FACULTY

GUEST FACULTY

Andrew Nguyen, DO

Physician
Kaiser Permanente
Irvine, CA

Elizabeth Ortiz, MD

CEO/Founder of
Connected Rheumatology
Dallas, TX

Binh Ngo, MD

Clinical Associate Professor of Dermatology
Department of Dermatology
Keck School of Medicine of USC
Los Angeles, CA

Vickram Reehal, MD

Physician
Huntington Hospital
Pasadena, CA

COURSE OBJECTIVES

By the end of the course, participants will be able to:

- Analyze new and novel treatment in rheumatic disorders.
- Discuss current guidelines in treating rheumatic disorders.
- Differentiate on a clinical basis from over 150 types of arthritis.
- Distinguish the pathophysiology of RA, SLE, gout, psoriatic arthritis and AS.
- Explore biosimilar agents used in arthritis.
- Review new developments in the field of rheumatology.
- Explore the role that arthritis has on popular musicians of the past.

TARGET AUDIENCE

This course is intended for all levels of healthcare professionals with interest in the care of the rheumatology patient. Audience includes practicing physicians, surgical trainees, medical students, nurses, physicians' assistants and other allied healthcare providers.

ACCREDITATION STATEMENT

The Keck School of Medicine of the University of Southern California is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION

The Keck School of Medicine of the University of Southern California designates this live activity for a maximum of 5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The following may apply *AMA PRA Category 1 Credit(s)™* for license renewal: Registered Nurses may report up to 5 credit hour(s) toward the CME requirements for license renewal by their state Board of Registered Nurses (BRN). CME may be noted on the license renewal application in lieu of a BRN provider number.

Physician Assistants: The National Commission on Certification of Physician Assistants states that *AMA PRA Category 1 Credits™* accredited courses are acceptable CME requirements for recertification.

REGISTRATION

Rheumatology Update for the Clinician

Live Conference - October 12, 2024

Early bird price for live registration ends October 8, 2024 at 12:00 pm, PDT.

After October 8, 2024: Please register on-site on October 12.

Live Tuition

MD/DO

\$125

\$150

NP/PA/APP

\$90

\$125

RN/AH

\$90

\$125

Students/Residents/Fellows: Complimentary

Early Bird

After October 8

Cancellation:

Cancellations must be received by the USC Office of CME (fax or email) by October 8, 2024, 12:00 pm PDT for a refund. A \$50 cancellation fee will be applied. In the event of course cancellation by conference organizers, all registration fees will be fully refunded. USC will not refund any travel costs incurred.

Location:

HSC Conference Center on the USC Health Sciences Campus
2200 Trojan Way, Los Angeles, CA 90033

Parking:

San Pablo Parking Structure: 1630 San Pablo Street, Los Angeles, CA 90033
Cost \$20: Please park in USC parking spots, NOT Hyatt Reserved spots.

Register:

Mail: 1540 Alcazar Street, CHP 223, Los Angeles, CA 90033
Mail-in registration must be postmarked by October 8, 2024.
Online: keckusc.cloud-cme.com/rheum2024
Phone: (323) 442-2533 | **Fax:** (323) 442-3734 **AMEX, Mastercard, Visa**
Email: usccme@usc.edu
On-site: Available October 12, 8:00 am, HSC Conference Center.

NAME _____ DEGREE _____

MEDICAL LICENSE NUMBER _____

TELEPHONE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

SPECIALTY _____

EMAIL ADDRESS* _____

INSTITUTIONAL AFFILIATION _____

*Registration confirmation and event reminder will be emailed.

METHOD OF PAYMENT:

No cash payment accepted.

Check (Check payable to USC. Check payment must be postmarked by October 8, 2024)

Credit Card (Mastercard or Visa. American Express by Phone/Mail/Fax only)

CREDIT CARD NUMBER _____

EXPIRATION DATE _____ SECURITY CODE _____

AUTHORIZED SIGNER _____ AMOUNT \$ _____

COURSES ARE SUBJECT TO CANCELLATION.



Keck School of Medicine of USC

Office of Continuing Medical Education

1540 Alcazar Street, CHP 223

Los Angeles, CA 90033

Non-Profit
U.S. Postage
PAID
University
of Southern
California



**Rheumatology Update for the Clinician
October 12, 2024**

Live Conference

HSC Conference Center

on the USC Health Sciences Campus

2200 Trojan Way, Los Angeles, CA 90033